

Care Package Item Shopping List – Holiday Drive 2009

Donation Guidelines:

- Items will be accepted at the sole discretion of SouthernLINC Wireless.
- Items must be new, unopened and unused with **only** the following exceptions in like-new condition: books, magazines, newspapers, CDs, DVDs, hand-held electronic games.
- Pop-top cans only.
- Snack food requiring little (microwave or hot water) or no preparation.
- Give the quality of item that you would enjoy receiving.

Restricted items:

- No items containing pork or pork by-products.
- No perishable (e.g. fresh fruits) or expired items.
- No homemade/non-commercially prepared and packaged items.
- No aerosol, rusty or unlabeled cans.
- No medications.
- No batteries.
- No products containing alcohol or materials used in the production of alcoholic beverages (e.g. distilling material, hops, malts, yeast, etc.)
- No obscene articles (prints, paintings, cards, films, videotapes, etc.) depicting nude/semi-nude persons, pornographic or sexual items and horror comics.

Visit www.southernlinc.com/community and click on the *Any Soldier* box for a complete list of guidelines and restrictions.

Non-Perishable Food Item Suggestions

Beverages

- Coffee, instant or regular (ground).
- Powdered drink mix singles (Crystal Light, Gatorade, Lipton Iced Tea to Go, hot chocolate, hot cider, etc.)
- Tea bags.

Convenience/Pre-prepared Food Items

- Beef or turkey jerky.
- Canned fruit (pop-top cans).
- Chicken (in pouches or pop-top cans)
- Dried fruit.
- Mac & Cheese (Kraft Easy Mac or Chef Boyardee).
- Oatmeal (instant).
- Ramen noodles.
- Ravioli, beefaroni, etc. (pop-top cans).
- Slim Jims.
- Salmon (in pouches or pop-top cans).
- Soup (pop-top cans or instant).
- Tuna (in pouches or pop-top cans).

Condiments, Seasonings, etc.

- Dried herbs, spices, seasonings (garlic/onion powder, red pepper flakes, Emeril's Essence, Mrs. Dash, Lowery's Seasoning Salt, etc.)
- Hot sauce.
- Powdered coffee creamer.

Snack Food

- Candy (no chocolate – it melts).
- Chex mix.
- Cookies.
- Crackers (Goldfish, Ritz, Triscuit, etc.)
- Granola bars/protein bars.
- Gum.
- Microwave popcorn.
- Mints.
- Nuts (peanuts, almonds, cashews, etc.)
- Pretzels.
- Pringles (most other brands get crushed).
- Snack cakes (Twinkies, Little Debbie, etc.)
- Sunflower seeds.
- Trail mix.

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Non-food Item Suggestions

Bed and Bath Items

- After shave (alcohol free).
- Bath poufs.
- Body wash.
- Body scrub.
- Conditioner.
- Dental floss.
- Facial cleanser/cleansing cloths.
- Facial masks/scrubs.
- Feminine hygiene products.
- Mouthwash (alcohol free).
- Razor blades (high-quality, common brands).
- Razors.
- Shampoo.
- Shaving gel/cream (nonaerosol).
- Soap.
- Tissues.
- Toothbrushes.
- Toothpaste.
- Towels (bath, hand, washcloths).
- Twin sheet sets.

Entertainment/Recreational Items

- Art supplies (pencils, pens, drawing pads, markers, etc.)
- Books, comic books, magazines, newspapers.
- DVDs.
- Games, crossword puzzles, playing cards.
- Greeting cards (variety of occasions for soldiers to send to their families/friends).
- Hand-held electronic games.
- Music CDs.
- Sports equipment (Frisbees, baseballs, basketballs, etc.)
- Stationery.

Household Items

- Air freshener (nonaerosol).
- Clorox/Lysol disinfecting wipes.
- Dryer sheets.
- Dusting cloths (microfiber, Pledge or Swiffer dusters).
- Fabric freshener (e.g. Febreze nonaerosol).
- Napkins (paper).
- Plastic, zipper storage bags.
- Plastic utensils.

Personal Care Items

- Adhesive bandages (Band-aids, etc.)
- Anti-bacterial wipes (Wet Ones, etc.)
- Antiperspirant/deodorant.
- Baby wipes.
- Body wipes (Avon, Dove, Lever 2000).
- Body powder.
- Cotton balls.
- Cotton swabs.
- Ethnic hair care products.
- Eye drops (saline).
- Facial moisturizer.
- Foot cream/powder (Gold Bond, etc.)
- Hair brushes/combs.
- Hair gel.
- Hair spray (nonaerosol)
- Hair ties/bands/clips/barrettes (brown, black, tan).
- Hand sanitizer.
- Insect repellent (wipes are best).
- Lip balm.
- Lotion, hand and body.
- Nail clippers, files (manicure sets).
- Nasal spray (saline).
- Perfume/cologne.
- Sunscreen.
- White athletic ankle socks.